

Survey Links Brain Injury to Medical Causes of Homelessness To be Addressed with Hormone Therapy- Follow Up

- 69% of homeless citizens said they had been in a car accident
- 77% asserted they had fallen off a roof or out of a tree, etc.
- 74% reported they had been mugged
- 75% declared they had been beaten up or hit very hard in the head
- 80% said they had been hit hard enough to “see stars” or get their “bell rung” leaving them dazed and confused with headaches and general irritability



This is powerful evidence (goo.gl/okwlmj) that many of the 26 symptoms that point to traumatic brain injuries, TBI, are prevalent among people experiencing homelessness. The overlapping between veterans experiencing TBI and the homeless people experiencing homelessness, is already significant with 33% of people experiencing homelessness estimated to be actual Veterans. Furthermore, with 68% of interviewees strictly being homeless and reporting having played contact sports etc., the over-arching take away is that our nation as a whole, is experiencing concussions that result in people falling through all of our safety nets and into the condition of homelessness.

Now Dr. Mark L. Gordon, an endocrinologist with 11 years of experience in the area of Traumatic Brain Injury with Millennium Health Centers, and several other doctors, focusing on hormone replacement therapy, has linked with Andrew Marr and the Warrior Angles Foundation, www.waftbi.org to successfully treat over 100 Veterans suffering from Traumatic Brain Injuries.

Richard R. Troxell, President of House the Homeless, Inc. and Board Member of the National Coalition for the Homeless, has reached out to the Executive Director of the National Health Care for the Homeless, John Lozier, and are working to bring all parties together in a united initiative to identify and explore treatment of TBIs within the nation’s homeless population.

Dr. Gordon, Andrew Marr, John Lozier, and Richard R. Troxell all hypothesize that the residual effects of TBI being evidenced in the homeless population may be reflective of the nation in general.

Causative Factors

To start with, Dr. Gordon asserts that TBI is a “causative factor for accelerated hormonal deficiencies.”

According to Dr. Gordon, these deficiencies include “depression, anger outbursts, anxiety, mood swings, memory loss, inability to concentrate, learning disabilities, sleep deprivation increased risk of heart attacks, strokes, high blood pressure, diabetes... and a number of other medically documented conditions.”

The “Master”

In exploring the origin of these conditions, Dr. Gordon focuses on the pituitary gland, found at the base of the brain, also known as the “master” gland of the endocrine system as it controls the function of other hormone secreting glands. Dr. Gordon points to a number of studies that have found that between “50% and 76% of Veterans with TBI show “some loss of pituitary function right after the injury.

Level of Hormone Deficiency

Dr. Gordon sees a relationship between the severity of brain injury and the degree of hormone deficiency. He has found the deficiency at all levels of injury.

The hormone deficits were found in an extensive number of pituitary hormones. These include regulators of the thyroid gland, the adrenal gland, the gonads, affecting estrogen and testosterone and human growth hormone, which are considered neuro-active steroids. Dr. Gordon believes that it is the interaction of these neuroactive steroids and those hormones produced in the brain known as neuro-steroids that regulate who we are and how we function. This interaction causes the change in our neuro-receptors that regulate mood and intellectual states.

Dr. Gordon found a direct relationship between hormone deficiency and specific symptoms found in individuals. These include disability rating scores, rates of depression, fatigue and poorer emotional well-being as opposed to individuals with normal hormones levels.

Dr. Gordon has found that restoring the hormones (neuro-steroids and neuro-active steroids) to their pre-injury level, has shown to improve the homeostasis state of the individual even years after the initial injury. Troxell finds this fact alone to be exciting in that so many people now living on the streets have been there for years due to their various levels of dysfunction. Troxell is also heartened to hear Dr. Gordon describe past success as being, “98% of the time there is between 50% to 100% *improvement* in the individual.” Troxell contends that it would be a scientific miracle to reduce even by one symptom the condition that these individuals suffer due to the severity of the dysfunction that relegates them to the streets of America.

Andrew Marr, the founder of Warrior Angels is himself a special forces Veteran of 9 years. He suffered TBI that resulted in a plethora of symptoms including anger, frustration, anxiety and alcohol addiction that almost ruined his marriage and nearly took his life. He was on 13 medications of every kind. After meeting Dr Gordon in 2015, and engaging in Dr Gordon’s protocol of Hormone Replacement Therapy, he is drug free, addiction free, medication free and proudly helping other Veterans find their way home.

Currently, Dr. Gordon heading up a team of 70 doctors and 8 international doctors and is interested in empowering 500 additional doctors with ultimate certification in the field of Hormone Replacement Therapy. We are also hoping to expand clinical trials and treatment to not only include Veterans but also people experiencing Homelessness who have suffered Traumatic Brain Injury. Interested medical clinicians should contact Dr. Mark L. Gordon at the Millennium Center immediately. The next session begins in Orlando, Florida, in May of 2016.

Be the change you envision. Let’s end homelessness together.